

■ CYBERSECURITY

Introduction: A to Z — Basic to Advance

Complete Notes for Students & Beginners

Easy Language • Simple Examples • Full Coverage

■ Chapter 1: What is Cybersecurity?	■■ Chapter 2: Types of Threats	■ Chapter 3: Core Concepts (CIA)
■ Chapter 4: Networking Basics	■ Chapter 5: Malware & Attacks	■ Chapter 6: Cryptography
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Yeh notes un logo ke liye hain jo cybersecurity bilkul scratch se sikhna chahte hain. Har concept simple Urdu-English mein explain kiya gaya hai — jaise koi dost samjha raha ho!

Cybersecurity ka matlab hai — apne computers, phones aur data ko hackers se bachana.

Simple Definition

Jis tarah hum apne ghar par tala lagate hain taake chor andar na aa sake, usi tarah Cybersecurity hamare digital duniya ka tala hai. Iska kaam hai hamare computers, phones, networks aur data ko unauthorised log (hackers) se protect karna. Aaj kal sab kuch internet par hai — bank account, photos, passwords — isliye cybersecurity bahut zaroori ho gayi hai.

■ **Tip:** Cybersecurity = Digital Suraksha (digital safety). Jaise ghar mein guard hota hai, waise hi computer ka guardian hota hai cybersecurity.

Why is it Important?

- Hamare personal data (name, address, bank details) ko safe rakhta hai.
- Companies ko data breach se bachata hai jo unhe crores ka nuksaan de sakta hai.
- Government aur army ke secret data ko protect karta hai.
- Online frauds, scams aur identity theft rokta hai.
- Hospitals, power plants, airports ko cyber attacks se bachata hai.

Real Life Examples

Situation	Cybersecurity ka Role
Aap ATM use karte ho	PIN encrypt hota hai — koi dekh nahi sakta
WhatsApp message bhejte ho	End-to-end encryption — sirf aap aur receiver padh sakte hain
Online shopping karte ho	HTTPS — aapki card info safe rehti hai
Gmail mein login karte ho	2-Factor Authentication — extra safety layer

Key Domains of Cybersecurity

- Network Security — internet connections ko protect karna
- Application Security — apps aur software ko safe banana
- Information Security — data ki privacy aur integrity
- Operational Security — day-to-day security procedures
- Endpoint Security — computers aur phones ko secure karna
- Cloud Security — cloud data ki protection
- Disaster Recovery — attack ke baad system wapas lana

Threat matlab koi bhi cheez jo hamare system ko nuksan pahuncha sakti hai.

Who are the Attackers?

Attacker Type	Description
Script Kiddies	Beginners jo doosron ke tools use karte hain — thodi knowledge
Hackers (Black Hat)	Woh log jo illegal maqasid ke liye hack karte hain
Hackers (White Hat)	Ethical hackers jo permission le kar vulnerabilities dhundhte hain
Hackers (Grey Hat)	Na poori tarah legal, na illegal — beech mein
Nation-State Actors	Doosre mulkon ki government sponsored hackers
Insider Threats	Khud company ke employees jo data chura lein
Hacktivists	Political/social agenda ke liye hacking karne wale

Major Threat Categories

1. Phishing Attacks

Phishing mein attacker ek fake email ya message bhejta hai jo bilkul real lagta hai. Jaise koi 'Bank of Pakistan' ki taraf se email aaye 'Aapka account band ho raha hai, yahan click karo' — yeh phishing hai! Click karne par aapka password chura liya jata hai.

■ ■ **Warning:** Kisi bhi suspicious link par click karne se pehle sender ka email address zaroor check karo. Bank kabhi email se password nahi mangta.

2. Social Engineering

Yeh hacking technology ki jagah insaan ki psychology ko target karta hai. Attacker aapko fool karke information dene par majboor karta hai. Misaal ke taur par koi 'IT support' ban kar phone kare aur bole 'Humein aapka password chahiye system fix karne ke liye' — yeh social engineering hai.

3. Man-in-the-Middle (MitM) Attack

Jab aap kisi se baat kar rahe ho aur beech mein koi chupke sun raha ho — yeh MitM attack hai. Attacker aapke aur website ke beech mein baith jata hai aur dono ki communication intercept karta hai. Public WiFi par yeh bahut common hai.

4. Denial of Service (DoS / DDoS)

Imagine karo ek dukaan mein hazaron log ek saath ghus jayein taake asli customer andar na ja sake — yeh DDoS hai. Hackers bahut saare computers se ek website par itna traffic bhejte hain ke woh crash ho jaye.

Amazon, Google jaise bade sites bhi is attack ka shikaar hue hain.

5. Zero-Day Attack

Jab kisi software mein ek naya secret hole (vulnerability) dhoondha jata hai aur software company ko pata bhi nahi hota — uss waqt ka attack Zero-Day attack kehlata hai. Company ke paas defend karne ka '0 din' hota hai isliye yeh naam hai.

Chapter 3

Core Concepts — CIA Triad

Cybersecurity ki buniyad teen concepts par tiki hai: Confidentiality, Integrity, Availability.

CIA Triad cybersecurity ka sabse important framework hai. Har security decision inhi teen pillars par based hoti hai.

■ CONFIDENTIALITY (Raaz Rakhna)	■■ INTEGRITY (Sahi Rehna)	■ AVAILABILITY (Milta Rehna)
Sirf authorized log hi data dekh sakta hai.	Data mein koi unauthorized change nahi hona chahiye.	Data aur services zaroorat par available hon.
Misaal: Aapki bank statement sirf aapko hi dekhni chahiye.	Misaal: Aapko koi 1000 rupay bhul se 10000 rupay nahi hona chahiye.	Misaal: Bank server 24/7 chalni chahiye aur data koi trash na ho.

Other Important Concepts

Concept	Simple Explanation
Authentication	Prove karna ke tum wahi ho jo tum claim karte ho. (Password, fingerprint)
Authorization	Yeh decide karna ke logged-in user kya kuch dekh/kar sakta hai.
Non-repudiation	Koi action karne ke baad mana na kar sakna ke 'maine nahi kiya'
Encryption	Data ko ek secret code mein badalna taake koi padh na sake
Firewall	Network ka gatekeeper — sirf allowed traffic andar aaye
VPN	Ek secure tunnel jisse aapki internet activity chupi rehti hai
Patch	Software update jo kisi vulnerability/bug ko fix karta hai

Network samjhe bina cybersecurity nahi samajh sakte — yeh duniya ki buniyad hai.

What is a Network?

Jab do ya zyada computers ek doosre se connected hon taake woh data share kar sakein, toh woh ek network banate hain. Aapka ghar ka WiFi ek chota network hai. Internet duniya ka sabse bada network hai.

Important Network Terms

Term	Matlab kya hai?
IP Address	Har computer ka unique address — jaise ghar ka postal address (e.g. 192.168.1.1)
MAC Address	Network card ka permanent physical address — change nahi hota
DNS	Domain Name System — website ka naam (google.com) IP mein translate karta hai
DHCP	Automatic IP address dene wala system — router yeh kaam karta hai
Router	Packets ko sahi jagah bhejne wala device — ghar mein WiFi router
Switch	Ek network ke andar devices ko connect karta hai
Port	Computer par ek gate/darwaza — alag services ke liye alag ports (HTTP=80, HTTPS=443)
Firewall	Unwanted traffic ko block karne wala system
Packet	Data ka chhota tukda — internet par data packets mein travel karta hai

OSI Model — 7 Layers (Easy Version)

OSI Model yeh samjhata hai ke data ek computer se doosre tak kaise pohonchta hai. Isko 7 layers mein divide kiya gaya hai:

Layer 7 — Application	Jo aap dekhte ho: Browser, Email, WhatsApp
Layer 6 — Presentation	Data ka format: Encryption, Compression
Layer 5 — Session	Connection start/stop karna
Layer 4 — Transport	Data ki delivery guarantee (TCP/UDP)

Layer 3 — Network	IP addressing aur routing (packets ka rasta)
Layer 2 — Data Link	MAC address se local delivery
Layer 1 — Physical	Actual cables, WiFi signals, hardware

■ **Tip:** Yaad karne ka trick: 'All People Seem To Need Data Processing' — A=Application, P=Presentation, S=Session, T=Transport, N=Network, D=DataLink, P=Physical

Malware = Malicious Software — woh software jo aapke system ko nuksan pahunchata hai.

Types of Malware

■ Virus	Ek infected file se doosri file mein failta hai. Jaise insaan ka virus. System slow karta hai, files delete karta hai. Misal: ILOVEYOU virus ne 2000 mein 50 million computers infect kiye.
■ Worm	Virus jaisa hai lekin isko spread hone ke liye kisi file ki zaroorat nahi. Network par akele safar karta hai. WannaCry worm ne 2017 mein lakhs computers band kar diye.
■ Trojan Horse	Ek useful program ki tarah dikhta hai lekin andar se dangerous hota hai. Jaise Trojan Horse ki kahani — baahar se gift, andar se dushman.
■ Ransomware	Aapki files ko lock kar deta hai aur paisa (ransom) maangta hai. 2021 mein Colonial Pipeline ko \$4.4 million dene pare the.
■ ■ Spyware	Chupke se aapki activities monitor karta hai — keystrokes, passwords, screenshots lete rehta hai aur hacker ko bhejta hai.
■ Adware	Unwanted ads dikhata rehta hai. Aksar free software ke saath aata hai.
■ Botnet	Aapka computer bina aapki marzi ke hackers ke army (botnet) ka hissa ban jata hai. Aapko pata bhi nahi chalta.
■ Rootkit	System ke deep andar chupta hai aur apni presence chupaata hai. Detect karna bahut mushkil hota hai.

How to Stay Protected from Malware?

- Hamesha updated Antivirus software rakho (Windows Defender, Kaspersky, Malwarebytes)
- Unknown sources se software download mat karo
- Email attachments carefully check karo — .exe, .bat files khabardaar
- Regular backups rakho — Ransomware se protection ke liye
- Operating System aur apps hamesha update karo
- Suspicious websites par mat jao — HTTPS dekho address bar mein

Cryptography matlab data ko secret code mein convert karna taake sirf sahi insaan padh sake.

Simple Explanation

Puraane zamane mein Julius Caesar ek trick use karta tha: har letter ko 3 jagah aage shift kar do. Toh 'HELLO' ban jata hai 'KHOOR'. Yeh sabse basic cryptography hai! Aaj kal yeh bahut complex mathematical algorithms se hoti hai.

Key Cryptography Terms

Term	Simple Matlab
Plaintext	Original readable message — 'Hello World'
Ciphertext	Encrypted message — '3f7k9qmz...' (koi samajh na sake)
Encryption	Plaintext ko Ciphertext mein convert karna (lock karna)
Decryption	Ciphertext wapas Plaintext mein convert karna (unlock karna)
Key	Ek secret value jo encrypt/decrypt karne ke liye use hoti hai
Algorithm	Encryption ka method/recipe — AES, RSA wagara
Hash	Data ka fingerprint — ek taraf ka process, wapas nahi aa sakta
Salt	Password hash mein extra random data — rainbow table attacks rokta hai

Types of Encryption

Symmetric Encryption

Ek hi key encrypt aur decrypt dono ke liye use hoti hai. Jaise ek taala jiska sirf ek key ho. Fast hai lekin key share karna risky hai. Examples: AES (Advanced Encryption Standard), DES, 3DES

Asymmetric Encryption (Public Key Cryptography)

Do keys hoti hain: Public Key (sabko pata) aur Private Key (sirf aapko pata). Jo Public Key se encrypt ho, woh sirf Private Key se decrypt hoga. Jaise ek aisa taala jisko koi bhi lock kar sake, lekin khol sirf aap sakein. Examples: RSA, ECC. HTTPS mein yahi use hota hai.

Hashing — One-Way Function

Hashing data ko ek fixed-length code (hash) mein badalta hai. Yeh one-way process hai — hash se original data wapas nahi milta. Passwords hamesha hash mein store hone chahiyein, plain text mein nahi! Examples: SHA-256, MD5 (old, insecure), bcrypt

■ **Tip:** HTTPS ka 'S' matlab Secure — yeh SSL/TLS encryption use karta hai. Jab bhi online payment karo, address bar mein ■ padlock zaroor dekho.

Ethical Hacking & Penetration Testing

White Hat Hackers — jo permission le kar systems hack karte hain vulnerabilities dhoondhne ke liye.

What is Ethical Hacking?

Ethical hacking mein ek cybersecurity expert (White Hat Hacker) kisi organization ki permission se unke system ko hack karne ki koshish karta hai. Maqsad yeh hota hai ke real hackers se pehle kamzoriyan dhoodh li jayein aur fix ki jayein. Isko Penetration Testing ya 'Pen Testing' kehte hain.

5 Phases of Ethical Hacking

Phase 1: Reconnaissance (Information Gathering)	Target ke baare mein maximum info ikhatti karo. Kaunse ports khule hain? Kaunse employees hain? Kaunse software use hote hain? Tools: Nmap, Shodan, Google Dorks
Phase 2: Scanning	Network aur systems ko scan karo vulnerabilities dhoondhne ke liye. Tools: Nessus, OpenVAS, Nmap
Phase 3: Gaining Access	Found vulnerabilities ko use karke system mein ghuso. Tools: Metasploit, SQLMap
Phase 4: Maintaining Access	Check karo ke kya attacker system mein chupta reh sakta hai. Tools: Backdoors, Rootkits
Phase 5: Covering Tracks	Logs aur evidence clear karna (real hacker karta hai, ethical hacker sirf document karta hai)

Important Tools Used in Ethical Hacking

Tool	Use
Kali Linux	Ethical hacking ke liye special Linux OS — 600+ tools built-in
Metasploit	Exploitation framework — vulnerabilities test karne ke liye
Nmap	Network scanner — kaunse ports/services khule hain
Wireshark	Network traffic analyze karna (packet sniffer)
Burp Suite	Web application security testing
John the Ripper	Password cracking tool
Aircrack-ng	WiFi security testing

SQLMap	SQL Injection attacks automatically test karna
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Websites aur web apps par hone wale attacks aur unse bachne ke tarike.

OWASP Top 10 — Most Common Web Vulnerabilities

OWASP (Open Web Application Security Project) ek non-profit organization hai jo web security ki guidelines banati hai. Unka Top 10 list sabse common web vulnerabilities batata hai:

#1 Broken Access Control	Users woh kaam kar sakte hain jo unhe nahi karna chahiye
#2 Cryptographic Failures	Sensitive data properly encrypt nahi hua
#3 SQL Injection	Database mein malicious SQL code inject karna
#4 Insecure Design	Security design level par hi galat thi
#5 Security Misconfiguration	Default passwords, unnecessary features on
#6 Vulnerable Components	Old/outdated libraries use karna
#7 Auth Failures	Login system mein kamzoriyan
#8 Integrity Failures	Code/data integrity verify nahi ki
#9 Logging Failures	Attacks ko detect/log nahi kiya
#10 SSRF	Server-Side Request Forgery — server se internal requests

SQL Injection — Example

Jab aap login form mein username likhte ho, website database se poochti hai: 'Is naam ka user hai?' Agar input properly check nahi kiya toh hacker yeh likh sakta hai: admin' OR '1'='1 — aur yeh query hamesha true ho jati hai, bina password ke login!

Cross-Site Scripting (XSS)

Hacker ek website mein malicious JavaScript code inject karta hai. Jab doosra user woh page kholta hai toh code us user ke browser mein run hota hai aur uski cookies/session chura leta hai.

■ **Tip:** Developers: Hamesha user input sanitize karo aur prepared statements use karo. Users: Public computers par important sites login mat karo.

Smartphones aur cloud services ke security challenges aur solutions.

Mobile Security

Aaj kal hamare phones mein bank accounts, personal photos, emails sab kuch hai. Mobile security isliye bahut zaroori hai:

- Hamesha official app stores (Play Store, App Store) se apps download karo
- App permissions dhyan se dekho — ek torch app ko contacts kyun chahiyein?
- Screen lock hamesha on rakho (PIN, fingerprint, face lock)
- Public WiFi par VPN use karo
- Phone encrypt rakho — Android settings mein yeh option hai
- Regular OS updates karo — security patches milte hain
- Unknown links ya QR codes par blindly trust mat karo

Common Mobile Threats

Threat	Description
Fake Apps	Real apps jaisi dikhne wali malicious apps
SMS Phishing (Smishing)	Text message mein malicious links
Voice Phishing (Vishing)	Phone call par fraud
Bluejacking/Bluesnarfing	Bluetooth se data churaana
SIM Swapping	Hacker aapka SIM clone karke OTPs capture karta hai

Cloud Security

Cloud matlab doosron ke servers par data store karna (Google Drive, Dropbox, AWS). Yeh convenient hai lekin security concerns bhi laata hai:

Shared Responsibility Model

Cloud security ek shared responsibility hai — Cloud Provider (AWS, Google) infrastructure secure karta hai, lekin aapka data secure karna aapki zimmedari hai. Misaal ke taur par AWS ka server secure hai, lekin agar aapne S3 bucket public rakh di toh aapka data expose ho sakta hai!

- Strong passwords aur 2FA hamesha enable karo
- Sensitive data cloud mein store karte waqt encrypt karo
- Cloud access logs regularly review karo
- Principle of Least Privilege: sirf zaroorat ki permissions do
- Regular backups rakho — cloud bhi fail ho sakta hai

Chapter 10 SOC, Incident Response & Careers

Security Operations Center kya hota hai aur cybersecurity mein career kaise banayein.

Security Operations Center (SOC)

SOC ek dedicated team hoti hai jo 24/7 organization ke systems monitor karti hai. Woh security alerts ko analyze karti hai, incidents handle karti hai aur attacks se defend karti hai. Ise 'Cyber War Room' bhi keh sakte hain!

SOC Team Roles

Role	Kaam
SOC Analyst (L1)	Alerts monitor karna, basic triage — Entry level
SOC Analyst (L2)	Deep investigation, threat hunting
SOC Analyst (L3)	Advanced response, malware analysis
SOC Manager	Team manage karna, strategy banana
CISO	Chief Information Security Officer — company ka top security officer

Incident Response Process

1. Preparation	Security policies, tools, team ready karna
2. Identification	Attack/incident detect karna
3. Containment	Damage limit karna — infected system isolate karna
4. Eradication	Root cause remove karna
5. Recovery	Systems wapas normal karna
6. Lessons Learned	Kya galat hua? Future ke liye improve karna

Cybersecurity Career Paths

- Penetration Tester / Ethical Hacker — Systems hack karo (permission se!)
- Security Analyst — Threats monitor aur investigate karo
- Malware Analyst — Malware ko reverse engineer karo
- Digital Forensics Analyst — Cyber crimes investigate karo
- Security Engineer — Security systems design aur implement karo
- Cloud Security Architect — Cloud infrastructure secure karo
- Bug Bounty Hunter — Companies ko bugs report karo aur paisa kamao

Chapter 11 Cybersecurity Laws & Ethics

Legal aur ethical hacking mein farq samjna — galti se bhi illegal kaam mat karo!

Important Cybersecurity Laws

Law / Standard	Kya hai?
PECA 2016 (Pakistan)	Prevention of Electronic Crimes Act — Pakistan mein cyber crimes ka law
GDPR (Europe)	Data privacy ka strict law — companies ko user data protect karna hota hai
CFAA (USA)	Computer Fraud & Abuse Act — unauthorized access illegal hai
IT Act (India)	India mein cyber crimes handle karne ka law
HIPAA (USA)	Medical/health data ki privacy aur security
PCI-DSS	Credit card data handle karne ka security standard
ISO 27001	Information security management ka international standard

Ethical Guidelines for Cybersecurity Professionals

- Sirf permission ke saath test karo — bina permission hacking illegal hai chahe intention achi ho
- Dhooonda gaya data private rakho — client ki info share mat karo
- Hamesha report likho aur evidence preserve karo
- Apni skills ka misuse mat karo — knowledge power hai, responsibility bhi
- Continuous learning — cybersecurity rooz badal rahi hai
- Vulnerable log ki help karo — students, elderly, communities ko educate karo

■■ **Important:** Yaad rakho: Ethical Hacker banana ek noble profession hai. Apni skills hamesha positive aur legal kaam ke liye use karo. Ek chhoti si galti se career khatam ho sakta hai!

Chapter 12 Advanced Topics in Cybersecurity

Advance level ke concepts jo ek skilled cybersecurity professional ko pata hone chahiyein.

Threat Intelligence

Threat Intelligence matlab yeh janana ke kaun attack kar sakta hai, kaise karega aur kyon karega — BEFORE attack ho. Organizations threat intel feeds subscribe karti hain jisse real-time attack indicators milte hain. MITRE ATT&CK; framework attackers ki tactics aur techniques ka encyclopaedia hai.

Zero Trust Architecture

Old thinking: 'Network ke andar sab safe hain.' Zero Trust thinking: 'Kisi par bhi trust mat karo — chahe andar ho ya bahar.' Har request verify karo, minimum access do, hamesha monitor karo. Google, Microsoft sab Zero Trust adopt kar rahe hain.

AI in Cybersecurity

- AI/ML anomaly detection — normal behavior seekh kar unusual activity detect karna
- Automated threat hunting — hazaron logs mein patterns dhoondhna
- AI-powered phishing detection — fake emails identify karna
- Adversarial AI — hackers bhi AI use kar rahe hain attacks improve karne ke liye
- Deepfake attacks — AI se fake videos/audio banake social engineering

Important Certifications to Pursue

Certification	Level & Focus
CompTIA Security+	Beginner — Fundamentals of cybersecurity
CEH (Certified Ethical Hacker)	Intermediate — Ethical hacking techniques
OSCP	Advanced — Hands-on penetration testing (very respected)
CISSP	Expert — Security management, for senior professionals
eJPT (eLearnSecurity)	Beginner — Practical hacking, affordable
Google Cybersecurity Cert	Beginner — Free on Coursera, good start

Learning Roadmap for Beginners

- Step 1: Basic networking (TCP/IP, DNS, HTTP) — YouTube, NetworkChuck
- Step 2: Linux basics — TryHackMe Linux rooms
- Step 3: Start TryHackMe.com — beginner-friendly CTF platform
- Step 4: Learn Python scripting — automation scripts banana sikho

- Step 5: Kali Linux install karo aur tools explore karo
- Step 6: HackTheBox try karo — intermediate challenges
- Step 7: CompTIA Security+ ya CEH certification lo
- Step 8: Bug bounties — HackerOne, Bugcrowd par real targets
- Step 9: Build a home lab — VMs use karke practice karo
- Step 10: Contribute to cybersecurity community — blog, GitHub

■ **Remember: Cybersecurity is a Journey, Not a Destination!**

Har din kuch naya attack ya technique aati hai. Hamesha seekhte raho, ethical raho, aur apni community ki madad karo. Aap is field mein zaroor kamyab honge — agar consistency rakhi toh!